



Children's Cardiomyopathy Awareness Month™

Facts About Pediatric Cardiomyopathy

- 1. Cardiomyopathy is a chronic disease of the heart muscle that affects the heart's ability to pump blood.**
 - **Facebook:** September is Children's Cardiomyopathy Awareness Month. Pediatric cardiomyopathy is a chronic disease affecting the heart's ability to pump blood. #GoTheDistance @CCFheartkids
 - **Twitter:** September is Children's Cardiomyopathy Awareness Month. Pediatric cardiomyopathy is a chronic disease affecting the heart's ability to pump blood. #GoTheDistance @CCFheartkids
 - **Instagram:** September is Children's Cardiomyopathy Awareness Month. Pediatric cardiomyopathy is a chronic disease affecting the heart's ability to pump blood. #GoTheDistance @CCFheartkids
- 2. Symptoms vary among the different forms of cardiomyopathy.** Symptoms vary and include difficulty breathing, fatigue, exercise intolerance, light-headedness, chest pain, heart palpitations, and swelling in certain parts of the body.
 - **Facebook:** September is Children's Cardiomyopathy Awareness Month. Symptoms vary and include difficulty breathing, fatigue, exercise intolerance, light-headedness, chest pain, heart palpitations, and swelling in certain parts of the body. #GoTheDistance @CCFheartkids
 - **Twitter:** September is Children's Cardiomyopathy Awareness Month. Symptoms for cardiomyopathy vary: difficulty breathing, fatigue, exercise intolerance, light-headedness, chest pain, heart palpitations, and swelling in certain parts of the body. #GoTheDistance @CCFheartkids
 - **Instagram:** September is Children's Cardiomyopathy Awareness Month. Symptoms vary and include difficulty breathing, fatigue, exercise intolerance, light-headedness, chest pain, heart palpitations, and swelling in certain parts of the body. #GoTheDistance @CCFheartkids
- 3. Cardiomyopathy is a chronic disease without a cure.** While there are medications and surgical procedures to treat symptoms, the damaged heart cannot be repaired. A heart transplant may be necessary if the heart continues to weaken and cannot pump effectively.
 - **Facebook:** September is Children's Cardiomyopathy Awareness Month. With cardiomyopathy, there is no treatment to repair the damaged heart, and a heart

transplant may be necessary. @CCFheartkids

- **Twitter:** September is Children’s Cardiomyopathy Awareness Month. With cardiomyopathy, there is no treatment to repair the damaged heart. #KnowYourHeart #GoTheDistance @CCFheartkids
- **Instagram:** September is Children’s Cardiomyopathy Awareness Month. With cardiomyopathy, there is no treatment to repair the damaged heart, and a heart transplant may be necessary. #GoTheDistance @CCFheartkids

4. **Cardiomyopathy remains a leading cause of heart transplants in children over one year of age.** Nearly 40 percent of children with symptoms end up receiving a heart transplant or dying.

- **Facebook:** September is Children’s Cardiomyopathy Awareness Month. Cardiomyopathy is a leading cause for heart transplants in children. #GoTheDistance @CCFheartkids
- **Twitter:** September is Children’s Cardiomyopathy Awareness Month. Cardiomyopathy is a leading cause for heart transplants in children. #GoTheDistance @CCFheartkids
- **Instagram:** September is Children’s Cardiomyopathy Awareness Month. Cardiomyopathy is a leading cause for heart transplants in children. #GoTheDistance @CCFheartkids