# MILESTONES + MOMENTUM



**ANNUAL REPORT** 





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#### Dear Friends and Supporters,

As we reflect on the past year, we are proud to share our progress in improving outcomes for children with cardiomyopathy. Through the dedication of our community, researchers, and advocates, we have advanced scientific understanding, furthered research, and championed life-saving legislation.

A major milestone was the 6th International Scientific Conference on Pediatric Cardiomyopathy, where researchers and clinicians shared discoveries, discussed best practices, and explored new treatments. Through our partnership with the Pediatric Cardiomyopathy Registry and Cincinnati Children's Heart Institute, the conference encouraged collaboration and innovation with the aim of improving diagnosis, treatment, and long-term care for children with cardiomyopathy.

Our research milestones include a study showing elevated NT-proBNP levels signal increased risk of heart transplant and mortality in children with heart failure. Another study found MicroRNAs may help predict whether children with dilated cardiomyopathy recover or worsen.

In advocacy, we made strides with **President Biden signing the HEARTS Act into law**. Since 2010, CCF has worked tirelessly with Representative Frank Pallone (NJ-06) to support this legislation that was inspired by two students with undiagnosed cardiomyopathy who collapsed and died at school. It is the first legislation focused on cardiomyopathy, which educates schools and families on the signs, symptoms, and risk factors for cardiomyopathy.

These accomplishments would not be possible without our donors, volunteers, and partners. Your commitment fuels research, advocacy, and hope for families affected by pediatric cardiomyopathy.

The road ahead is full of promise, and we look forward to another year of remarkable progress.

Lisa Yue

With heartfelt appreciation,

Kathy Swenson

**Executive Director** 

Lisa Yue

Founder & Board President





The mission of the **Children's Cardiomyopathy Foundation** (CCF) is to accelerate the search for causes and cures for pediatric cardiomyopathy through increased **research**, **education**, **awareness and advocacy**, as well as to provide **support** to affected families.

#### **DISEASE FOCUS**

- Arrhythmogenic Cardiomyopathy (AC)
- Dilated Cardiomyopathy (DCM)
- Hypertrophic Cardiomyopathy (HCM)
- Left Ventricular Noncompaction Cardiomyopathy (LVNC)
- Restrictive Cardiomyopathy (RCM)

#### **BOARD OF DIRECTORS**

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Won Choi

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**Biomedical Sciences** 

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Children's Hospital of

Philadelphia

Charles E. Canter, MD Washington University School of Medicine

Wendy K. Chung, MD, PHD Boston Children's Hospital

Steven D. Colan, MD Boston Children's Hospital

Daphne T. Hsu, MD Children's Hospital at

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Children's Hospital

Los Angeles

Teresa M. Lee, MD, MS Columbia University

Medical Center

Shelley D. Miyamoto, MD Children's Hospital Colorado

Jeffrey A. Towbin, MD, MS Le Bonheur Children's Hospital

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Executive Director

Maggie Conway

Operations Coordinator

Sheila Gibbons

Senior Director of

Communication & Development

Christine Malloy

Project & Event Manager

Leah Mumm

Patient & Physician

Support Coordinator









**IMPACT BRIEF:** CCF-funded research continues to drive improvements in the diagnosis and treatment of children with cardiomyopathy.

#### **Genetic Insights Save Lives**

Reinterpreting genetic test results over time can impact treatment decisions.

#### **Advancing Diagnostics**

Cardiac MRI is a powerful tool helping pediatric cardiologists determine the need for implantable defibrillators.

#### **Biomarkers Predict Outcomes**

Elevated NT-proBNP levels signal increased risk of heart transplant and mortality in children with heart failure.

#### **6TH INTERNATIONAL SCIENTIFIC CONFERENCE**

The 6th International Conference on Cardiomyopathy in Children was held virtually on May 10–11. With more than 300 registrants from 32 countries, the CME-accredited medical event was hosted in partnership with Cincinnati Children's Heart Institute and the NIH-funded Pediatric Cardiomyopathy Registry. The scientific conference is the only medical gathering dedicated exclusively to research and education on pediatric cardiomyopathy.





#### **NEW CCF MEDICAL ADVISORS**

CCF expanded its medical advisory board members to include three clinician-scientists involved with the NIH-funded Pediatric Cardiomyopathy Registry.



Charles E. Canter, MD
Washington University
School of Medicine



Teresa M. Lee, MD, MS Columbia University Medical Center



Paul F. Kantor, MBBCh, MSc, FRCPC Children's Hospital Los Angeles



CLINICIAN-SCIENTISTS

CCF funded research resulted in 5 peer-reviewed publications and 2 medical presentations in 2024.



#### MEDICAL PUBLICATIONS

"Genetic Testing Resources and
Practice Patterns Among Pediatric
Cardiomyopathy Programs"
Godown J, Kim EH, Everitt MD, Chung WK, et al.
Pediatric Cardiology, May 7, 2024

"NT-proBNP for Predicting All-Cause
Death and Heart Transplant in Children
and Adults with Heart Failure"
Schmitt W, Diedrich C, Hamza TH, Meyer M, et al.
Pediatric Cardiology, May 9, 2024

"Assessing Cardiovascular Health in
Pediatric Hypertrophic Cardiomyopathy
Using the CANHEART Health Index"
Srbely V, Jeewa A, Pidborochynski T,
Lemaire-Paquette S, et al.

CJC Pediatric and Congenital Heart Disease,
July 8, 2024

"Pediatric Cardiomyopathy Illustrates the Importance of Reinterpreting the Significance of Genetic Variants" Lee T, Miller E, Sridhar A, Fan X, et al. Progress in Pediatric Cardiology, Sept. 1, 2024

"Myocardial Scarring and Sudden Cardiac
Death in Young Patients With Hypertrophic
Cardiomyopathy: A Multicenter Cohort Study"
Chan RH, van der Wal L, Liberato G,
Rowin E, et al.

JAMA Cardiology, Sept. 25, 2024



#### **MEDICAL PRESENTATIONS**

"Cardiomyopathy-Associated Pathogenic Variants in Pediatric Myocarditis" Kamsheh A, Ware S, Bhatnagar S, Martin L, Lee T, et al. Presented at American Heart Association Scientific Sessions; Circulation, Nov. 17, 2024

"Circulating miRNAs Are Differentially
Expressed in Pediatric Dilated
Cardiomyopathy Patients With
Favorable vs. Poor Outcomes"
Stuart S, Miyamoto S, Lipshultz S,
Hernandez AL, et al.
Presented at American Heart Association
Scientific Sessions, Nov. 16, 2024

Alicia M. Kamsheh, MD, MSCE received an Outstanding Research Award in Pediatric Cardiology at the AHA Scientific Sessions for her publication, "Cardiomyopathy-Associated Pathogenic Variants in Pediatric Myocarditis."

#### **MEETING SPONSORSHIPS**

#### **DDC Clinic Cardiogenetics Scientific Summit**

CCF sponsored a 3-day cardiogenetics and family health summit to raise awareness of genetic cardiac disorders among the Amish community. The educational event began with a scientific summit attended by 120 physicians including Steven E. Lipshultz, MD, CCF Medical Advisor Chair, who presented "Management and Treatment Strategies for Cardiomyopathies in Children."



DAYS

#### **MEETING SPONSORSHIPS**

#### North America Pediatric Cardiomyopathy Registry Retreat

Sponsored by CCF, the Pediatric Cardiomyopathy Registry (PCMR) working group met in Buffalo, NY to further multi-center research on cardiomyopathies in children. Led by Steven E. Lipshultz, MD, CCF medical advisor chair, 30 PCMR investigators from the top academic medical centers across the U.S. convened to discuss research priorities, research studies in progress, and publications in development.







**IMPACT BRIEF:** Disease education was a priority in 2024, and CCF expanded its virtual programming, "Experts on Pediatric Cardiomyopathy" to five webinars. With new topics geared towards physicians and practical topics suggested by our caregiver community, viewership increased to 2,400 views.

#### **EDUCATIONAL WEBINARS**

### Management and Treatment Strategies for Cardiomyopathies in Children

Steven E. Lipshultz, MD, University at Buffalo Jacobs School of Medicine and Biomedical Sciences

#### **Listening Session:**

#### **Cardiomyopathy Care Considerations**

Steven E. Lipshultz, MD,
University at Buffalo Jacobs School
of Medicine and Biomedical Sciences
Nadine Kasparian, PhD, MAPS,
Cincinnati Children's Hospital Medical Center

Kyle Landra, M.Ed., Children's Wisconsin

Parent Panelists: Ranae Stewart, Regina Vaughn, Karen Wellman

# Highlights from the 6th International Conference on Cardiomyopathy in Children

Steven E. Lipshultz, MD University at Buffalo Jacobs School of Medicine and Biomedical Sciences

Teresa M. Lee, MD, MS, Columbia University Medical Center

Thomas D. Ryan, MD, PhD, Cincinnati Children's Hospital Medical Center

#### Evaluating Children with Cardiomyopathy: Importance of Cardiac MRI

Steven E. Lipshultz, MD, University at Buffalo Jacobs School of Medicine and Biomedical Sciences

Charles E. Canter, MD, Washington University St. Louis

Sonya Kirmani, MD, University of Wisconsin Madison

#### When Should Genetic Testing Be Repeated?

Teresa M. Lee, MD, MS, Columbia University Medical Center



#### **GLOBAL HEART HUB ANNUAL UNITE SUMMIT**

CCF joined fellow patient advocates and organizations at the Global Heart Hub's Unite Summit in Dublin, Ireland. The event united 165 delegates from 34 countries and featured 20 speakers. It served as a dynamic forum for patient groups, clinicians, and global stakeholders to share insights on the challenges of living with cardiovascular disease and to collaborate on future coalition efforts and awareness campaigns.



DELEGATES

SPEAKERS

#### 4TH ANNUAL GENE THERAPY PATIENT ENGAGEMENT

CCF President & Founder, Lisa Yue joined patient advocacy leaders and pharmaceutical executives to discuss patient and caregiver education and clinical trial needs at the 4th Gene Therapy Patient Engagement Summit in Boston, Mass.





**IMPACT BRIEF:** The passage of the Cardiomyopathy HEARTS Act was a significant milestone for CCF after years of collaboration with legislators in the House and Senate. New Jersey Representative Frank Pallone and Senator Andy Kim were major supporters of the bill.

#### CARDIOMYOPATHY HEARTS ACT

President Biden signed the Cardiomyopathy Health Education, Awareness, and Research and AED Training in Schools (HEARTS) Act into law. This bipartisan legislation is the first to focus on cardiomyopathy and requests the development of educational materials on the heart condition and dissemination of these resources in schools. It also requests additional provisions to protect children from sudden cardiac death.



# CARDIOMYOPATHY HEALTH EDUCATION, AWARENESS, AND RESEARCH AND AED TRAINING IN SCHOOLS ACT

The legislation requires the Secretary of Health and Human Services (HHS) to coordinate with the Centers for Disease Control and Prevention (CDC), as well as patient advocacy and health professional organizations, to develop educational materials and resources on cardiomyopathy for public awareness with additional requests to:

- Distribute educational materials on cardiomyopathy through schools to increase awareness of signs and symptoms among school professionals and families.
- Provide risk assessment resources to help identify children at risk for sudden cardiac arrest.
- Call for surveillance research from the CDC and NIH to better understand cardiomyopathy in children.
- Support AEDs and CPR school programs and training to encourage emergency preparedness.

# President Biden signed the Cardiomyopathy Health Education, Awareness, and Research and AED Training in Schools (HEARTS) Act into law.

# POLARIS MEETING: HYPERTROPHIC CARDIOMYOPATHY IN FOCUS

CCF participated in a patient advocacy meeting in San Francisco, Calif., hosted by Cytokinetics, to share patient insights and exchange educational strategies on hypertrophic cardiomyopathy (HCM). Patients living with HCM, along with four patient organizations including CCF, attended to provide testimony and perspectives on the real-life impact of the condition.



#### ADDITIONAL ADVOCACY WORK

- \* Strengthen school safety measures in New York by incorporating Cardiac Emergency Response Plans (CERPs) into the public school safety framework.
- Advocate for the passage of H.R. 1691, ensuring Medicare patients have timely and streamlined access to innovative medical technology.
- Joined 123 nonprofit organizations to request continued support of the Congressionally Directed Medical Research Programs (CDMRP) at the Department of Defense with a five percent increase in appropriation for defense health research programs by five percent plus inflation in the FY 2025 Defense Appropriations Act.
- Joined 22 pediatric transplant organizations in submitting public comment opposing proposed changes to the U.S. Organ Procurement and Transplantation Network (OPTN) Modernization Initiative, which would restructure the OPTN Board of Directors and reduce independent representation.



**IMPACT BRIEF:** From coast to coast, supporters united with community events and creative fundraisers. September's Awareness Month featured a standout Dunkin' Supports Cardiomyopathy event while families led their own Walk for a Cure efforts nationwide. Globally, CCF joined forces with 21 organizations in 13 countries to launch the "Think Cardiomyopathy!" campaign, amplifying awareness on an international scale.

#### **AMERICAN HEART MONTH**

Supporters nationwide wore red, spread awareness, and organized events like a volleyball fundraiser in New Jersey. From senior living homes to student-led bake sales, communities came together to raise funds and awareness.





#### **WEAR RED DAY**







#### CHILDREN'S CARDIOMYOPATHY AWARENESS MONTH

Amrik Sikand and the Sikand Network, in partnership with the Dunkin' Joy in Childhood Foundation, showed their support of pediatric cardiomyopathy with a Dunkin' Supports Cardiomyopathy community event in September.

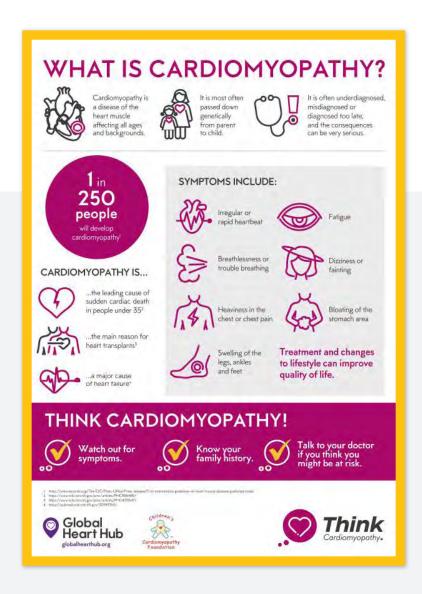
Families across the country also contributed by organizing their own Walk for a Cure event to raise awareness. The Skinner family held their Annual Walk for a Cure in Pennsylvania in honor of their late son, Noah.





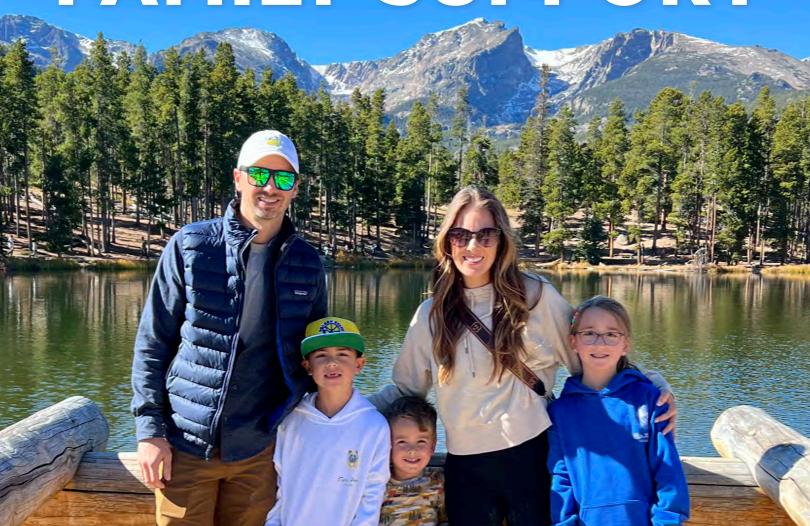
## THINK CARDIOMYOPATHY GLOBAL AWARENESS CAMPAIGN

As part of the Cardiomyopathy Patient Council, CCF worked with Global Heart Hub and its alliance of 21 associations from 13 countries to launch "Think Cardiomyopathy!" a global cardiomyopathy awareness campaign.





# FAMILY SUPPORT



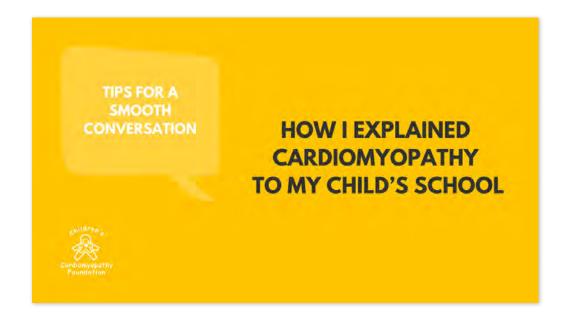
#### **PATIENT & FAMILY SUPPORT**

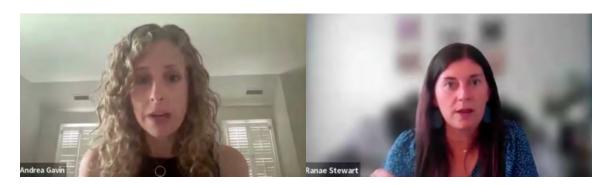
CCF welcomed 99 new registrants in 2024, bringing total members served to 3,820 across 98 countries. To support families, CCF hosted a Heart-to-Heart Coffee Chat on school accommodations and featured six resilient children through its CCF Heart Kids social media campaign. These efforts reflect our growing reach and ongoing commitment to education, connection, and community.

BY THE NUMBERS	
TOTAL NEW RE	EGISTRANTS (2024)
TOTAL C	COUNTRIES SERVED
82	NEW FAMILIES
1 7 NE	W PROFESSIONALS
2285	CONNECT FAMILIES
3820 TOTAL	. MEMBERS SERVED

#### **HEART-TO-HEART COFFEE CHAT**

To help families prepare for the school year, CCF hosted a Heart-to-Heart Talk where CCF parents Ranae Stewart and Andrea Gavin shared practical tips for discussing classroom accommodations and modifications with schools—ensuring students with cardiomyopathy have the support they need to thrive.





#### **CCF HEART KIDS**

As part of an ongoing social media campaign to engage more families, CCF profiled 6 children living with cardiomyopathy.



ADRIANNA



RAE



MARKUS



GRAYCEE



MAËLYS



LINDSAY



**IMPACT BRIEF:** The Children's Cardiomyopathy Foundation's fundraising events brought families and supporters together to raise funds for CCF's research, education, and family support programs.

#### **GOLF FOR A CURE**

The 20th Annual Golf for a Cure event was held July 22, 2024 at the championship Ridgewood Country Club course in Northern New Jersey. Fifty-four sponsors raised \$403,408 for research and education programs on pediatric cardiomyopathy.







#### CCF FAMILIES RAISED \$95,929

From Minnesota to Texas, Pennsylvania to Oregon, families across the country united to support CCF. Fundraisers took place in communities big and small, bringing people together for CCF. Supporters raised \$95,929 through various local events such as golf tournaments, art auctions and marathons—proving that anything is possible when passion meets purpose.





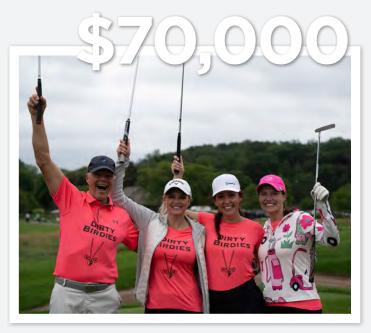
Peter Noyes selected CCF as the beneficiary of his 100-mile ultra marathon, held at 10,000 feet elevation, in honor of his 9-year-old son Everett, who was born with multiple congenital heart defects and recently diagnosed with LVNC. He raised \$3,545, exceeding his original \$2,500 goal.





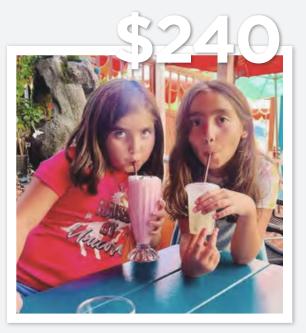
The 14th Annual Casen's Crew Golf Tournament was held on August 24, 2024, with 31 teams participating. The event raised \$7,750 in support of CCF. Longtime supporters, new attendees, volunteers, and sponsors contributed to the event's success in honor and memory of Casen Riley.





Wes Sharp and North Star Resource Group supported CCF through the annual North Star Charitable Golf Event, held in honor of Wes and Alexa Sharp's sons, Bennett and Mason, who have tested positive for the genetic mutation that causes left ventricular non-compaction cardiomyopathy (LVNC). The event drew 136 golfers and raised nearly \$70,000 for CCF. Bennett and his sister Ella assisted at the event.





Artist Nikki Contini held a fundraiser selling her fused glass artwork in honor of her niece, Savannah, who was diagnosed with restrictive cardiomyopathy (RCM) and received a new heart in 2021 raising more than \$240.



The Rivera family conducted its 4th Annual Butterfly Bee Baking Competition and raised more than \$2,600 for CCF in honor of Saoirse, who was diagnosed with hypertrophic cardiomyopathy.





Thanks to an unforgettable August evening filled with entertainment and generosity, the Ellis Ann Cosby Family Foundation raised \$5,000 in honor and memory of their daughter, Ellis Ann's legacy and support the fight against cardiomyopathy.



## STATEMENT OF FINANCIAL POSITION

## STATEMENT OF ACTIVITIES

#### **ASSETS**

Cash & Cash Equivalents\$270,862	
Investments\$2,587,745	
TOTAL ASSETS\$2,858,577	

#### REVENUE

Contributions	\$181,477
Fundraising + Special Events	\$444,846
Net Investment Return	\$260,552
TOTAL REVENUE	\$886.875

#### LIABILITIES + NET ASSETS

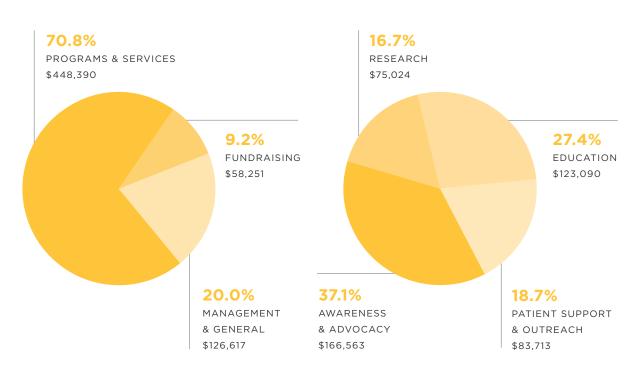
Accounts Payable & Accrued Expenses\$30
Unrestricted Net Assets\$2,858,577
Restricted Net Assets\$0
TOTAL LIABILITIES + NET ASSETS\$2,858,607

#### **EXPENSES**

Programs & Services\$448,390
Management & General\$126,617
Fundraising\$58,251
TOTAL EXPENSES\$633,258
NET INCOME\$253.617

#### **TOTAL EXPENSES**

#### **EXPENSES BY PROGRAM & SERVICES**



Fiscal year ending December 31, 2024

We extend our heartfelt thanks to the following corporations, foundations, and individuals who made contributions of \$500 or more in 2024.

#### **INDUSTRY PARTNERS**









#### **DONORS \$10,000 & OVER**

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