Impact of COVID-19 on Pediatric and Adult Congenital Heart Disease Care & Related Psychological Stress

1220 caregivers or adult patient participants from 25 countries representing pediatric and adult congenital heart disease, pediatric cardiomyopathy, and pediatric heart transplant populations.

Was your scheduled heart care postponed due to COVID-19?
- 38% SURGERIES
- 40% CATHETERIZATIONS
- 46% CARDIAC CLINIC VISITS

Are you worried about returning to hospital/clinic for in-person care?
- 50% HIGH WORRY

What worries you about COVID-19 and your heart care?
- 75% HIGH WORRY COVID-19 ILLNESS
- 27% HIGH WORRY NOT SEEN IN PERSON
- 19% HIGH WORRY ABOUT POST-PONED CARE

How stressed are you or your child during this pandemic?
- 42% CLINICALLY HIGH STRESS ACHD PATIENTS
- 50% CLINICALLY HIGH STRESS PEDIATRIC PATIENTS
- 42% CLINICALLY HIGH STRESS CAREGIVERS/PARENTS

What would be helpful to you and your family during the pandemic?
- More information/resources on COVID-19 and heart care
- More information/resources on managing mental health/stress
- More regular video or phone check-ins with cardiology provider
- Increased access to psychology/therapy services

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