





Emergency Wallet Cards

Wallet cards are a secondary alert option if the medical ID jewelry gets lost or separated from an individual. The Children's Cardiomyopathy Foundation partnered with the New York Mid-Atlantic Consortium (NYMAC) in 2015 to create an emergency medical card that can easily be downloaded, printed, and laminated to carry in a wallet.

 <p>Diagnosis: Cardiomyopathy (CM)</p> <p>CM is a chronic heart condition that affects the heart's ability to pump blood through the body. Symptoms may include irregular heart beats, shortness of breath, fainting, extreme fatigue and chest pain. Individuals may be at risk for heart failure or sudden cardiac arrest.</p> <p>In a cardiac emergency, call 911. If the child stops breathing, begin CPR immediately and administer AED shock.</p> <p>This individual does or does not have an ICD or Pacemaker. (circle)</p> <p>Type of CM (circle): DCM, HCM, RCM, ARVD, LVNC Children's Cardiomyopathy Foundation (www.childrenscardiomyopathy.org)</p>	 <p>Diagnosis: Cardiomyopathy (CM)</p> <p>In an emergency, call 911.</p> <p>Pediatric Cardiologist: _____ Phone: _____</p> <p>Medical Treatment Facility/Hospital: _____</p> <p>City: _____ State: _____ Phone: _____</p> <p>Patient Name: _____ Birthdate: _____</p> <p>Address: _____</p> <p>City: _____ State: _____ Zip Code: _____</p> <p>Emergency Contact: _____ Phone: _____</p> <p>Allergies: _____ Medication(s): _____</p> <p style="text-align: right;"><small>Sponsored by NYMAC (www.wadsworth.org/newborn/nymac)</small></p>
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